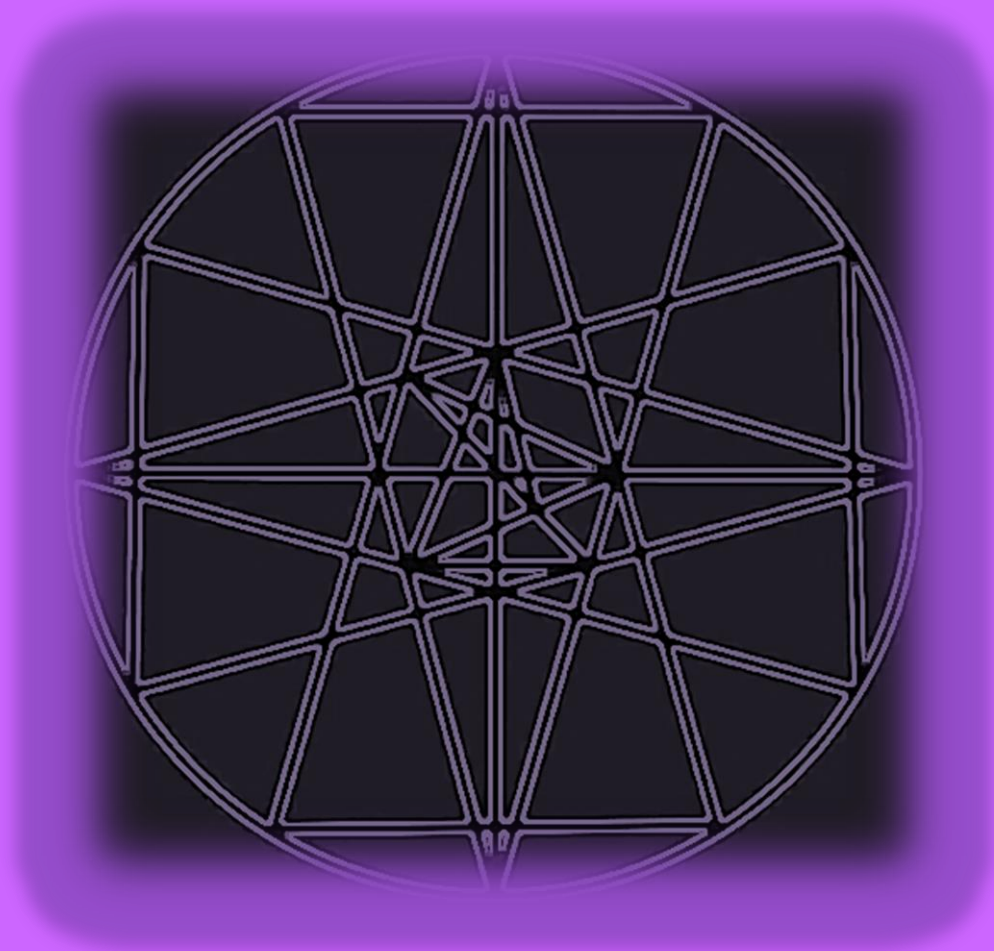
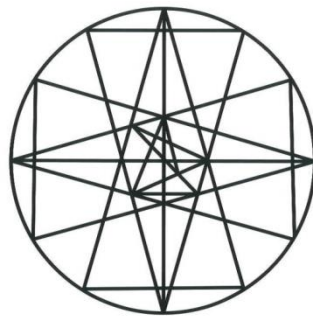


QUATERNITY: A Contemplative Method



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First Edition



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QUATERNITY: A Contemplative Method

Establishing an Intrapersonal Relationship between our *Conscience and Conscious*

Introduction

We at Quaternity Enterprises Communications (QEC for short) believe we have a higher purpose to share our unified practices of our experience, principles, and methods of our conscious understanding of our spiritual intrapersonal relationships through the lens of the Quaternity conception.

We purposely use the word “conception”, rather than “concept” because this allows for openness to continuous growth of spiritual consciousness, so as not to be anchored down, or blinded by established sacrosanct, unchangeable, unchallengeable dogmatic doctrine, principles, and standards. We believe this is the best way we have found as finite beings to have an intrapersonal relationship with the infinite.

Quaternity as we practice it is not tied to any religion, sect, or denomination of any kind. The Quaternity conception of an intrapersonal relationship with an internal conscience has been a conception shared by many different cultures and religions. Quaternity can be traced back at least 3500 years, at the same time as trinity and dualism were being shared between local tribes and civilizations around the world. The methods of spreading any conceptions of anything over the millennia range from peaceful inspirational teachings to genocidal forced indoctrination. We know the Quaternity conception is a little known conception, and we hope to enlighten the validity of Quaternity as a conception that is not new by any means. Through the millennia Quaternity has been defined and redefined ad infinitum by any number of groups and individuals, and we purposefully have not affiliated QEC with any of them in any way. We practice the Contemplative Quaternity Method in a way that is wholly autonomous. However we are willing to share our practices with anybody or any group.

Our autonomous practice of the Contemplative Quaternity Method encourages the freedom for the perpetuation of the blossoming of the infinite omnipotent, omnipresent, omniscient conscience, and an intrapersonal relationship with our conscience. This intrapersonal perpetuation is created for the purpose of sharing it with the world. This intrapersonal perpetuation and sharing does not require official endorsements, titles, certifications, degrees from religions, institutions of higher learning or any formal education at all. This intrapersonal perpetuation and sharing doesn't require confirmations or validations from an educational or religious hierarchy of persons. This intrapersonal perpetuation and sharing requires only a sincere willingness to connect with this omnipresent, omniscient conscience, and take the actions we are inspired to take as the result.

New and Old Terms Defined

There are some terms that we use that may be new to you, as they are new to us. We describe them as new because we couldn't find them in any dictionary up to the present. We found as we were asking how to describe our intrapersonal relationship with an omniscient, omnipotent, omnipresent conscience to others we were inspired to create a few "new" terms, as well as define these new terms. We also use common existing terms which we shall provide working definitions for with the intent to inspire a sincere inception with the conscience. These terms we are using are as follows:

New Terms: intraconnect, intracommunicate, Wholebriety

Existing Terms: intrapersonal, conscience, conscious, aspiration, inspiration, conception, inception, omniscient, omnipresent, omnipotent

We want to compare and contrast the definition of an important prefix that we use for two new terms to us. We will compare it with another similar sounding prefix that we were confusing ourselves with, and didn't accurately describe what we were trying to simply illustrate for others. Those two prefixes are as follows:

Inter- (Definition @ www.merriam-webster.com): a prefix used to form words that mean between or among groups.

This is a prefix we do use because in our experience we understand that we are all interconnected with each other. The words interconnect, intercommunicate currently exist. So we looked to a similar sounding prefix.

Intra- (Definition @ www.merriam-webster.com): a prefix meaning "within"; a prefix used to form words that mean on the inside, within.

Contrast this with *inter-* and you immediately see the difference. While *inter-* deals with open systems among multiple groups, *intra-* deals with closed systems within a single group.

This definition of the prefix *intra-* gives us an established prefix which describes most closely to what we are experiencing in our *intrapersonal* relationship with our conscience. There are many existing words with the prefix *intra-* and the one that we use frequently is *intrapersonal*. However the words *intraconnect* and *intracommunicate* do not exist in any dictionary we looked at online or hard back. We feel confident in our experience of being a part of the blossoming nature of our conscience, as a mental and physical extension of manifestation of our *conscience* to introduce a couple new terms and their definitions along with one that exists with the same prefix.

intraconnect: to establish communication within.

intracommunicate: to exchange thoughts, feelings, information from within by writing, speaking.

Intrapersonal: existing or occurring within the self or within one's mind.

There are two terms which we had used inaccurately for as long as they have been in our vocabulary. With the purpose of being more effective with others we are interconnected with, we turned to our ***intrapersonal*** relationship with our ***conscience*** and a dictionary to start using these two terms accurately and simply to describe our experiences so others may be helped. Those two very commonly used terms are ***conscience*** and ***conscious***. Let's take a look at the working definitions of these terms as we use them in the Contemplative Quaternity Method.

conscious (Definition @ www.merriam-webster.com): aware of one's own existence, sensations, thoughts, surroundings, etc.

We at QEC have a working layman definition we believe is in line with Merriam-Webster which is as follows:

conscious: personal awareness of what exists in the physical, material, external world with or without awareness of conscience; to include body, mind, emotions of ourselves and those about us.

Now let's look at a similar sounding term,

conscience (Definition @ www.merriam-webster.com): the inner sense of what is right or wrong in one's conduct or motives, impelling one toward right action.

We at QEC have a working layman definition we believe is in line with Merriam-Webster which is as follows:

conscience: personal awareness of that which is an internal sense guiding us toward inspired thought and right action.

There are two more terms which we had used inaccurately for as long as they have been in our vocabulary. With the purpose of being more effective with others we are interconnected with, we turned to our ***intrapersonal*** relationship with our ***conscience*** and a dictionary to start using these two terms accurately. We want to simply describe our experiences so others may be helped. Those two very commonly used terms are ***inspiration*** and ***aspiration***. Let's take a look at the working definitions of these terms as we use them in the Contemplative Quaternity Method.

aspiration (Definition @ www.merriam-webster.com): a strong desire, longing, or aim; ambition; a goal or objective that is strongly desired.

We at QEC have a working layman definition we believe is in line with Merriam-Webster which is as follows:

aspiration: a conscious strong desire, aim, goal or objective that may or may not be intraconnected with our conscience.

Now let's look at a similar term which is often used, but not often consciously differentiated from aspiration.

Inspiration (Definition @ www.merriam-webster.com): a divine influence directly and immediately exerted upon the mind or soul

We at QEC have a working layman definition we believe is in line with Merriam-Webster which is as follows:

Inspiration: a strong desire, aim, goal or objective that comes only from the internal sense of ***conscience*** guidance to right thought or action, which may or may not be in line with our ***conscious aspiration***

In comparing and contrasting the layman working definitions of both aspiration and inspiration, simply put: aspiration is an external strong purpose for which we are consciously aware, but may not be in line with our inspiration which comes from our internal intracommunication with our conscience.

We have every confidence that when in doubt of whether to take the right action of an aspiration or the right action of a differing inspiration, that the inspiration should take precedence.

Now a few more terms and their definitions which are used frequently when describing our conscience with which we have an intrapersonal relationship:

omnipotent (Definition @ www.merriam-webster.com): one who has unlimited power

omniscient (Definition @ www.merriam-webster.com): having infinite awareness, understanding, and insight.

omnipresent (Definition @ www.merriam-webster.com): present in all places at all times

We at QEC have working layman definitions we believe are in line with Merriam-Webster which are as follows:

omnipotent: infinite power, energy, momentum

omniscient: infinite truth; infinite mind, knowledge, intelligence; universal intelligence

omnipresent: accessible anytime, anywhere at all times everywhere

We hope these terms and the definitions we have provided will inspire you to commit or re-commit to establishing an intrapersonal relationship with your omniscient, omnipotent, omnipresent conscience through the intraconnection and intracommunication of personal inception of inspirations with new or current conscious aspirations for which to share with those you interact with by thought, word, or action in present time in any place, every day.

QUATERNITY: A Contemplative Method

The practical intrapersonal relationship with our conscience is the most important relationship we can ever discover for ourselves. The inception of this intrapersonal relationship is most successfully realized when we become willing and open to learn how to intraconnect and intracommunicate with our conscience. These are simple instructions for anybody who is willing to learn a very effective process to enter in to an intrapersonal relationship with their conscience: The essential steps in this process are to talk, listen, write, trust, and act on the inspirations and aspirations of their conscience.

- ❖ We must at all costs interconnect daily with our conscience. Everything else in our day revolves around intraconnection with our conscience. Only vital circumstances should ever compromise our established intrapersonal time with our conscience.
- ❖ Our inspirations and aspirations which will influence our opportunity for a life of wholeness depend upon our own personal intraconnection and intracommunication with our conscience.

All that is needed is the willingness to try intraconnecting with our conscience honestly. Every person who has done this consistently and sincerely has found that it really works.

Before you begin, consider the fundamental points below. They are true and are based on the experience of countless people around the world.

- ❖ Our conscience is our connection to the omniscient: all-knowing.
- ❖ Our conscience is our connection to the omnipotent: all-power.
- ❖ Our conscience is omnipresent: everywhere at the same time.
- ❖ Our conscience is with us now.
- ❖ Our conscience is deep down within us.
- ❖ Our conscience has been present since our earliest childhood memories.
- ❖ Our conscience will continue to always be in our life.
- ❖ Our conscience cares personally about us.
- ❖ Our conscience is personally interested in us.
- ❖ Our conscience knows everything we don't know, and need to know.
- ❖ Our conscience has the inspirational guidance for our life of wholeness.
- ❖ Our conscience has an answer for every need and problem we may face.
- ❖ Our conscience will not always tell us all that we want to know.
- ❖ Our conscience will guide us to do anything that our conscience inspires us to do.
- ❖ Anyone can be intraconnected with their conscience, anywhere and at any time, if the following conducive conditions are established.

These are the conditions:

- ❖ To be quiet and still.
- ❖ To be honest about every inspiration and aspiration that comes.
- ❖ To listen and trust.
- ❖ To act on our inspirations and aspirations so we may be sure that we can have a purposeful and practical trust in our or conscience.

Here are specific guiding principles on how to intraconnect with our conscience:

❖ **PERSONAL TIME**

- ❖ Give our conscience the first moments of our day.
- ❖ The morning period is most desirable.
- ❖ Have a definite time each morning.

❖ **PERSONAL PLACE**

- ❖ Have a definite place where we can be alone.
- ❖ Find a place where we can be quiet and undisturbed.
- ❖ Seek the outdoors frequently to feel the wholeness of nature.
- ❖ Make your bedroom a gateway into our conscience.
- ❖ Shut the door on the world and all that would distract us.
- ❖ Closet ourselves with our true conscience.

❖ **RELAX**

- ❖ Sit in a comfortable position.
- ❖ Consciously relax all our muscles.
- ❖ Be loose.
- ❖ Do not rush or hurry.
- ❖ We will not interconnect with our conscience if we are tense and anxious about other responsibilities.
- ❖ There needs to be no strain during these minutes.

❖ **TUNE IN**

- ❖ We must get our conscious intraconnected with our conscience.
- ❖ Nothing must be permitted to interfere with our specific daily personal time to intraconnect with our conscience.
- ❖ Intraconnection links our conscious with the conscience.
- ❖ Our conscious must be open to receive intraconnection with our conscience.
- ❖ We practice the guidance that best intraconnects our conscious aspirations with the inspirations of our conscience.
- ❖ Every aspiration in our conscious is important for the inspiration of our conscience.
- ❖ We intracommunicate our conscious concerns for our own life or the life of a friend; our community, or the world at large.
- ❖ We must be responsive to the intraconnection, and the careful intrapersonal guidance and inspiration of our conscience in our lives.
- ❖ Our conscience asks how much can we do, but never asks how much we must do.

❖ **TALK**

- ❖ We have found intraconnecting to our conscience is a practice which is the inception of real intracommunication with our conscious.
- ❖ We intracommunicate silently or aloud if our conscious is tempted to wander.
- ❖ When we trust intraconnection has been initiated, we should begin our intracommunication by giving affirmation to our conscience.
- ❖ We have found everything, big and small, are important enough for us to affirm our conscience.
- ❖ We affirm our conscience of our gratitude and personal love.
- ❖ We concede the negativity and shortcomings of our consciousness.

- ❖ We submit our problems of conscious, whether large or small, which requires the omniscience intracommunication of the inspirations of our conscience.
 - ❖ The more we expect from the intracommunication of conscience the less we are likely to be disappointed.
 - ❖ We intracommunicate earnestly so the Truth of our conscience may break through all the obstacles of our conscious, and intraconnect our inspiration with aspiration.
 - ❖ We intracommunicate with the omniscience of our conscience in a candid way which we would like so we find our inspiration for our life of wholeness.
 - ❖ We are definite and specific in our intracommunication with our conscience.
 - ❖ We ask for today's conscience intracommunication of inspiration and aspiration for our special opportunities and perplexities.
 - ❖ We affirm our conscience for our friends by name.
 - ❖ We intracommunicate that the Truth of conscience might come to those who have not yet intraconnected with their omnipresent and omniscient conscience deep within them.
 - ❖ We intracommunicate with the omniscience of conscience for inspiration on our appointments, on our moments of recreation, on our specific limitations we may discover throughout the day.
- ❖ **LISTEN**
- ❖ Our conscience wants to intraconnect with us.
 - ❖ Our conscience has special inspiration specifically for our aspirations in our life of wholeness.
 - ❖ We must give our conscience intraconnection for our inspiration to be known to us.
 - ❖ We must be willing to listen to our conscience. This requires our open conscious to hear the inspirational intracommunication for us.
 - ❖ We need to put out of our consciousness everything that may be an obstruction to intraconnecting with our conscience.
 - ❖ We should know that it is natural for our conscience to intracommunicate inspiration into our conscious so we live a life of wholeness.
 - ❖ Our consciousness should be still, quiet, relaxed and open.
 - ❖ Our conscious should be open and fluid for the new intraconnection of inspiration.
 - ❖ We should practice listening for our inspiration from our conscience twice as long as we talk to our conscience about our aspirations.
 - ❖ We should build to being able practice receiving inspiration from our conscience for two-thirds our intraconnection time, and talking to our conscience about our aspirations for one-third of the time.
 - ❖ We should be patient and continue to have an open conscious for our conscience to intracommunicate with us until we trust that we have received the whole inspiration.
 - ❖ We should be open to the inception of intraconnection with our conscience intracommunicating our inspirations for us.
 - ❖ Our conscience often intraconnects our inspiration through the inception of ideas, thoughts, and visual impressions into our conscious.
 - ❖ We should expect great omniscient, specific inspiration from our conscience.
 - ❖ Our conscience can and will intracommunicate inspiration for us who receive intrapersonal guidance for specific purposeful aspirations for which to take action.

- ❖ We need to be consciously awake and open to every single inception from our conscience to intraconnect inspiration for our aspirations to live a life of wholeness.
- ❖ Experiencing a life of Wholebriety hinges on our open intraconnection to our conscience's tiniest inspiration, and being conscious of what our conscience wants done through the intrapersonal guidance of our aspirations.
- ❖ The purpose of our conscience within each of us is to intraconnect our inspiration, to bring the truth by intracommunicating the intrapersonal actions for our aspirations.
- ❖ Our conscience will intracommunicate with us if we stop living solely upon the consciousness of our external impulses we see, hear, feel, and intraconnect our conscious with our conscience which has been within us before we were cognitive children.
- ❖ Our conscience is the intraconnection to an omnipresent freedom available to us, and will guide us in an intrapersonal way for the inspiration to walk upon the pathways for a life of wholeness, and Wholebriety.
- ❖ Our conscience prepares us for the inception of our inspiration before we are conscious of the need for intraconnection with our aspirations, and intrapersonal actions to live a life of Wholebriety.

- ❖ **WRITE!**
 - ❖ Write! This is the next important key to the whole process of intraconnecting conscience inspiration with our conscious aspirations.
 - ❖ We need to have some paper and pen or pencil.
 - ❖ We should record the most important inspirations that are intracommunicated with us during our designated intraconnection time.
 - ❖ Our writing is simply a means of recording so that we can remember later.
 - ❖ We don't sort out or edit our conscience inspirations from the point of inception.
 - ❖ We write down the inception of every perceived inspiration from our conscience.
 - ❖ We keep a record of our daily aspirations: our requests, the objects, and the individuals for whom we want to intraconnect our conscious aspirations with the inspirations of our conscience.
 - ❖ The writing will establish our trust in the efficient practicality of daily intraconnection of our conscious with our conscience by recording what is perceived to be the obvious inspiration to our conscious aspirations.
 - ❖ We should write down what is perceived to be the inspiration to our conscious aspirations on the same line as the objects or individuals for whom we consider in our aspirations.
 - ❖ Our intraconnection journal of record will come to contain evidence that cannot be denied that omniscient conscience really does respond to and inspire our aspirations we are willing to intracommunicate.
 - ❖ This tangible evidence of omnipotence in the omniscience of our conscience inspirations will encourage others to intraconnect with their omnipotent, omniscient conscience to be inspired by what they can do when they wholly intraconnect their conscious with their conscience.
 - ❖ We should arrange our intraconnection time journal under four heads:
 - ❖ Our Daily Aspirations. (What my conscious wants from my conscience for today?)
 - ❖ Submission of Aspirations.
 - ❖ Individuals for whom we consciously aspire for. (Who my conscience wants me to bring inspired aspirations to?)

- ❖ Guidance of conscience Inspiration for that Day. (What my conscience wants for my conscious today?)
- ❖ **LISTENING TIPS – DO** write down every inception of intraconnected conscience inspiration that passes through conscious; be honest. Write down everything. A thought comes quickly, and it escapes even more quickly unless it is captured and put down.
 - ❖ Names of people.
 - ❖ Things to say and do.
 - ❖ Things that are wrong and need to be made right.
 - ❖ Good thoughts and bad thoughts.
 - ❖ Comfortable thoughts and uncomfortable thoughts.
 - ❖ Moral thoughts and demoralizing thoughts.
 - ❖ Reasonable thoughts and unreasonable thoughts.
 - ❖ Keep some pages free to write inspired context from external inspirational sources which assists our interconnection with our conscience inspiration to our aspirations.
- ❖ **LISTENING TIPS – DON'T** say to ourselves:
 - ❖ This thought isn't important.
 - ❖ This is just an ordinary thought.
 - ❖ This can't be guidance.
 - ❖ This isn't nice.
 - ❖ This can't be from our conscience.
 - ❖ This is just our thinking.
- ❖ **CONFIRM**
 - ❖ Every thought we have isn't an inspiration from our conscience. So we need to confirm our perceived inspirational thoughts. Here is where the written record helps us to be able to review and consider them.
 - ❖ Are these inspirations of our conscience honest, moral, and considerate?
 - ❖ Are these inspirations of our conscience in line with our aspirations for our wholeness through our unselfish priorities?
 - ❖ Are these inspirations of our conscience in line with our aspirations for our conscious life of Wholebriety?
 - ❖ When the flow of inspirational thoughts slows down, stop.
- ❖ **CHECK**
 - ❖ When we are in doubt about our inspirations of our conscience, we share with another person who is practicing Wholebriety to intraconnect their conscience with their conscious, and consider what their aspirations are about a specific thought or action.
 - ❖ We have found when someone else who receives conscience inspiration of their aspirations for others may help us to see more clearly.
 - ❖ We recommend making use of our natural interconnectedness with each other, and practice a synchronized mutual intracommunication with our conscience about what we have written.
 - ❖ We tell each other what intracommunication for inspiration has come.
 - ❖ This is the natural interconnectedness of our shared Wholebriety.

- ❖ There are always three sides to every aspiration to our conscience:
 - ❖ Our side.
 - ❖ Their side.
 - ❖ The side of true omniscient conscience.
 - ❖ Conscience inspiration intraconnects us with true omniscience for our consciousness of what is true for our aspirations.

❖ **ACTION**

- ❖ We need to be willing to take intrapersonal action on the inspiration our conscience gives us.
- ❖ We need to take the inspired, intrapersonal action.
- ❖ When our inspirations have intraconnected with our aspirations the next step is to take the intracommunicated, intrapersonal action.
- ❖ We act on omniscient inspirations of our conscience for others and ourselves.
- ❖ We never forget that we may hold the inspired aspiration to the consciousness of others whose conscience wants to intraconnect to their conscious.
- ❖ We will only build trust in our intraconnected conscience inspirations as we take the specific intrapersonal actions of our aspirations for wholeness.
- ❖ As we take the intrapersonal actions, very often the results will convict us that each day we make time to intraconnect, we are getting improved clarity of our conscience inspirations synchronizing with our conscious aspirations.

❖ **BLOCKS?**

- ❖ Q: "What if we don't seem to get any definite inspiration?"
- ❖ A: "We are the greatest obstacle to our conscience."

Conscience inspiration is as freely available as the air we breathe. If we are not receiving inspiration when we try to intraconnect then there are blocks in our consciousness. We need to learn to concentrate on our omniscient conscience even when in an environment with cluttered confusion perpetuated by others. It is a developed discipline to become free of others when focused on intraconnecting our conscious with our conscience. Here are some common obstacles to clear our conscious for the intraconnection with our conscience:

- ❖ **Preoccupation:** When our mind is clouded with other things and preoccupied with the cares of the world, these resist the connection.
 - ❖ Our conscience is omnipresent and is open at all the times for intraconnection.
 - ❖ Our conscience will always be accessible when we can give a respectable opportunity for intraconnection.
 - ❖ We should do our other tasks that seem so urgent before returning for intraconnection with our conscience. Our conscience is omnipresent and will be accessible to us any time.
 - ❖ We should not withhold from our personal conscience the openness of inception in to our innermost aspirations.
- ❖ **Physical Unfitness:** Repeated loss of sleep makes inception with our conscience difficult if not impossible. Insincere intraconnection seldom transcends our conscious.

- ❖ **Conscious Demoralization:** Continuation of any known or newly embraced demoralization disconnects our conscious from conscience.
 - ❖ Demoralization disconnects our conscious aspirations from our conscience inspirations.
 - ❖ With a lack of whole concession to our conscience for inspiration, unwillingness to live a moral life as inspired, selfishness in any form, and manufactured demoralizing impulses may result in permanent disconnection with our conscience.

- ❖ **Subconscious Demoralization:** The closer we come to the consciousness of our inspiration for a life of wholeness the more glaring the obstacles that keep us from the omnipotence in our aspirations for a life of wholeness.
 - ❖ We must have a respectful, humility about our personal intraconnection with our conscience, or we may manufacture a belief that the concession of our life to our conscience will be free of influences which can disconnect our conscious from our conscience.
 - ❖ Frequently when our more obvious demoralizations are disconnected from us, smug, self-satisfied, and exceedingly subtle demoralizations escape disconnection.
 - ❖ Even the tiniest forms of demoralization in our conscious which connects us to our conscience will distort our intraconnection.
 - ❖ A whole person cannot live and hate at the same time; envy and petty jealousy add vicious malignance to our intraconnection with our conscience.
 - ❖ An unforgiving conscious of bitter, destructive criticism, or hatred toward others will make our attempt at intraconnection an act of hypocrisy toward our own aspirations for a life of wholeness.
- ❖ **Other frequent, discernable blocks usually fall into one of the obstacles below:**
 - ❖ Something wrong in our life that we will not face and make right.
 - ❖ A habit or indulgence we will not give up.
 - ❖ A person we will not forgive.
 - ❖ A wrong relationship in our life we will get free of.
 - ❖ A corrective action we will not make.
 - ❖ An inspiration of our conscience that we have not taken action on.
 - ❖ Check these points and be honest. Then try listening again.

- ❖ **MISTAKES**
 - ❖ Q: "Supposing we make a mistake and do something in the misunderstanding of our conscience inspiration that isn't right or is harmful to others or ourselves?"
 - ❖ A: "Of course we make mistakes. We are humans with many faults. However, our conscience will always honor our sincerity. Our conscience will work around and through every honest mistake we make. Our conscience will help us make it right. But, remember this: Sometimes when we do take the inspired action of our conscience, others may not like it or agree with it. So when there is opposition, it doesn't always mean we have made a mistake. It might mean that the other person doesn't want to know or to do what is right, useful, purposeful, or helpful."
 - ❖ Q: "Supposing we hesitate to take action on our inspiration, most often because of doubt, and the opportunity to take action passes?"

- ❖ A: “There is only one thing to do. We ask our conscience to help us see and remove our “Block(s), (e.g. see the section above on “Blocks”). Our conscience is our personal, individual intraconnection to its omnipresence, omniscience, and omnipotence – our conscience is not an impersonal computer. Our conscience is always open for letting us know what we don’t know. Our responsibility is to ask, listen, write, and act.

❖ RESULTS

- ❖ By intraconnecting, intraconnectedness is proved. We will never know what this is like until we sincerely try it.
- ❖ Each of us who have tried this honestly finds that a wisdom, not our own, comes into our conscious.
- ❖ We have found within ourselves an omnipotent, omnipresent, omniscient conscience greater than our three dimensional human consciousness of body, mind, and emotion as filtered through our five senses and natural instincts, began to operate in our lives.
- ❖ Living a life of wholeness, (i.e. Wholebriety), through the intraconnection of our inspiring conscience with our aspiring conscious is an endless adventure that must be experienced.

There is a way of life for all of us. We can be intraconnected with our conscience anywhere, anytime, if we only take the time to Tune In, Talk, Listen, Write, Trust and Act upon the inspirations of our omniscient, omnipresent conscience. The ever advancing creation of our collective conscience for this universe goes infinitely forward through all of our relatively ordinary lives when we are willing to have an inspired, intrapersonal relationship with our conscience.

Glossary

aspiration (Definition @ www.merriam-webster.com): a strong desire, longing, or aim; ambition; a goal or objective that is strongly desired.

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intraconnect: to establish communication within.

intracommunicate: to exchange thoughts, feelings, information from within by writing, speaking.

intrapersonal: existing or occurring within the self or within one's mind.

omnipotent (Definition @ www.merriam-webster.com): one who has unlimited power

omnipresent (Definition @ www.merriam-webster.com): present in all places at all

omniscient (Definition @ www.merriam-webster.com): having infinite awareness, understanding, and insight.

omnipotent: infinite power, energy, momentum

omnipresent: accessible anytime, anywhere at all times everywhere

omniscient: infinite truth; infinite mind, knowledge, intelligence; universal intelligence

